

ITF Play Tennis Course

Participant Profile

Updated Summer 2015

ENGLISH VERSION

The following are attributes of those participants who take the Play Tennis Course. The points in *blue italics* are attributes that the participant will develop during the ITF Play Tennis course. The participants should fulfil all or most of the other attributes before taking the course.

1. JOB DESCRIPTION

The participant:

- is 16-years-and-older and / or is a coach, school teacher, sport leader, working in a club or school
- works or will work with young and / or adult beginner players
- works or will work with groups of young and / or adult beginner players
- may assist other more experienced coaches in running the basic tennis club or facility programme
- may assist or lead the organisation of events and tournaments

2. KNOWLEDGE

- *Ability to organise a group of young and / or adult beginner players safely, rotating players and modifying balls, courts and rules when necessary, in order to provide optimal challenge for all players*
- *Understanding of how to communicate effectively with groups of young and / or adult beginner players ie, enthusiasm, demonstrations, good body language, simple instructions, positive feedback*
- *Teaching ability: understanding the importance of setting up simple practices that allow young and / or adult beginner players to play the game at a basic level, correct use of demonstrations, correct use of enjoyment activity and purpose in each session*
- *Tactical: knowledge of the basic game situations and tactical intentions that are appropriate to young and / or adult beginner players*
- *Technical: knowledge of very basic techniques that may help beginner players to play the game more effectively*
- *Diagnosis and correction: ability to make very simple tactical and technical corrections to help beginner players play the game more effectively*
- *Basic knowledge of the rules of tennis*

3. PLAYING LEVEL

- Ability to have a basic rally with an adult beginner player using the slower balls
- *Ability to demonstrate the basic technique for the strokes in tennis*
- *Ability to demonstrate the tactical intentions (strategy and tactics) in the basic game situations (phases of play)*
- *Ability to feed by hand and from the basket*

4. PERSONAL ATTRIBUTES

- Interest / enthusiasm in working with groups of young and / or adult beginner players
- Good personality, which will encourage and enthuse young and / or adult beginner players to play more often
- *Good basic communication skills ie, voice, body language, feedback, humour, language, enthusiasm*
- Good appearance and Good personal attitude ie, time keeping, reliable, interest in beginner tennis